



# THE CONNECTION

Calvert County Office on Aging Newsletter

*February 2021*



## **From the Division Chief**

While I always look forward to sunshine and beautiful sunny days, February gives us the opportunity to possibly view beautiful snowfalls, enjoy our favorite comfort foods indoors, cuddling up with the newest bestseller and see young grandchildren playing in the snow. I also look forward to the outside chance of my neighbor shoveling my driveway! All kidding aside, we encourage you to focus on the wonderful opportunities that February offers.

In addition, I want to encourage you to reflect and remember the lives of countless Black Americans who have contributed greatly to our communities. While we remember them year-round, our nation has set aside this month specifically in their honor. We are extremely grateful for the immeasurable contributions of Black Americans to our society, and the sacrifices that so many have made for the good of all.

I want to commend our entire Office on Aging Team for their hard work as we have assisted CalvertHealth Hospital with vaccine clinics at our senior centers. We are working in collaboration with the hospital and our local health department to ensure all seniors who want a vaccination have the chance to receive one. Please speak to your primary care physician for questions about the vaccine.

If the Office on Aging can assist you, we are here for you.

V/R,  
Susan Justice  
Division Chief

# AARP TAX PREP AIDE

## Tax Services

We continue to work with AARP to offer the Tax Aide program for the 2020 tax season. However, due to the pandemic, new procedures will be required.

There will be NO IN-PERSON tax preparation; the service will be a drop-off process by APPOINTMENT ONLY with a short interview at the door. Limited volunteers and center availability will reduce the number of returns that can be done this season. Types of returns may also be limited.

We will begin taking names, telephone numbers and email addresses immediately. Please call one of our centers below if you desire this service. No returns can be filed prior to Feb. 12, 2021. Taxpayers who leave their name and number will be contacted with more information as details are finalized. If you have other options, you are strongly encouraged to do so. Thank you for your patience.

### North Beach Senior Center

9010 Chesapeake Avenue  
North Beach, MD 20714  
410-257-2549

### Calvert Pines Senior Center

450 West Dares Beach Rd.  
Prince Frederick, MD 20678  
410-535-4606/301-855-1170

### Southern Pines Senior Center

20 Appeal Lane  
Lusby, MD 20657  
410-586-2748

## Senior Rides Program



Do you need transportation? Seniors and persons with disabilities might be eligible for subsidized transportation services. Application required.

To help us better meet your transportation need, access a quick survey [complete a quick survey](#).

**For more information and to apply, please contact:**



### Calvert County Office on Aging

410-535-4606, ext. 139

[Kathy.NeSmith@calvertcountymd.gov](mailto:Kathy.NeSmith@calvertcountymd.gov)



### LifeStyles, Inc.

1-866-293-0623

[info@lifestylesofmd.org](mailto:info@lifestylesofmd.org)

Partially funded by the Maryland Transit Administration's Senior Rides program in partnership with the Calvert County Office on Aging. Persons must provide at least a two day notice to allow for scheduling.

## SENIOR CALL CHECK

1-866-50-CHECK  
[aging.maryland.gov](http://aging.maryland.gov)

[Click here to learn more!](#)



*Click on the image above to learn more about the Senior Call Check program.*

### Maryland Senior Call Check Program

The state of Maryland has a free, opt-in telephone service to check on Maryland's older residents.

To qualify, you must be a Maryland resident who is 65 years of age or older and have an active cell phone or landline phone.

Sign up online at [www.aging.maryland.gov](http://www.aging.maryland.gov) or call 1-866-502-0560.

## Share Your Life Stories



The Maryland Department of Aging, in collaboration with Story Tapestries, Inc., has implemented a program for seniors titled, "Share Your Life Stories." Join other adults throughout the state as we enjoy listening and learning how to tell stories masterfully. This is exclusive to Marylanders 60+ years of age. Read more [here](#). Visit Story Tapestries [here](#).



## Winter Weather

The Federal Emergency Management Administration has helpful tips for the winter. See some [helpful tips for the winter](#).



A snowman made of three snowballs, wearing a red and white knit hat with a pom-pom and a green scarf. It has stick arms and a carrot nose. The background is a soft-focus winter scene with falling snow and a blue sky.



Black History Month was officially recognized by President Gerald Ford in 1976. [Read his message on the observance of Black History Month.](#)

## Happy Valentine's Day! Did You Know...

The tradition of giving a box of candy for Valentine's Day started in the 1800's?

An estimated 190 million Valentine's Day cards are sent each year in the United States?

During the Victorian era, "vinegar valentines" were sent to discourage potential suitors?

[Click here for a message from the Office on Aging.](#)



### Medicare Part D Team

#### *Assisting Calvert County Senior Citizens*

These Office on Aging staff members assisted our senior community from October – December 2020 with the Medicare Part D application process. We thank them for sharing their expertise with hundreds of seniors in Calvert County!

*Pictured from left to right: Ann Newton, Tunya Taylor, Kristy Matchett, Karen Coles*

## CONTACT INFORMATION

**Office on Aging**  
450 West Dares Beach Road  
Prince Frederick, MD 20678  
410-535-4606

[www.calvertcountymd.gov](http://www.calvertcountymd.gov)

